



Palisades symptom response and return to school  
January 4, 2022 (last update)

Scenario	Exclude from school	
#1 - single symptom not likely to spread aerosols (sore throat, stuffy nose) and symptom is mild	No	Monitor symptoms, if additional symptoms develop stay home and follow scenario #2
		<b>Return to school after...</b>
#2 - more than one minor symptom or single major symptom (fever, cough, vomiting, diarrhea, loss of taste or smell)	Yes	<p>We strongly encourage testing for COVID with multiple symptoms.</p> <p>Return to school with one of the following:</p> <ol style="list-style-type: none"> <li>1. Proof of a negative COVID test and fever-free 24 hours</li> <li>2. A doctor's note clearing return to school</li> <li>3. Fever free for 24 hours and completely symptom-free</li> </ol>
<p>#3 positive COVID test</p> <p>Determined through notification from BCDH and/or family notification.</p> <p>Home tests are accepted (<u>with the following sent to the nurse: picture of test, name of child, birthday, date of test</u>) but we recommend a follow up test from an approved testing location (testing clinic, doctor's office, pharmacy, etc.)</p>	Yes - for at least 5 days.	<p>All students/employees are excluded from school/work for 5 days (from test date if asymptomatic or onset if symptomatic)</p> <ol style="list-style-type: none"> <li>1. Students/employees with ongoing symptoms after the initial 5 day exclusion, must remain out until symptoms resolve up to a total 10 days.</li> <li>2. Students/employees without COVID symptoms after the initial 5 day exclusion may return to school/work with a mask for an additional 5 days.</li> </ol>

<p>#4 household contact with COVID positive person</p> <p>Limited contact means the COVID positive household member is in a separate bedroom, high contact surfaces are cleaned regularly throughout the day, and the sick person wears a mask when with other household members.</p>	<p>See next column for exclusions</p>	<ol style="list-style-type: none"> <li>1. If <u>limited contact</u> can be maintained in the household and student/employee remains <b>asymptomatic</b> then the student/employee may return with a mask <u>required</u> (modified quarantine) for 5 days since limited contact began. Students/employees should eat at least 6' from others during this time.</li> <li>2. If limited contact <u>cannot</u> be maintained in the household, student/employee remains <b>asymptomatic AND</b> student/employee has been boosted or completed first 2 shots of Pfizer or Moderna within last 6 months then the student/employee may return with mask required for 10 days since household member symptoms began or test date with no symptoms.  If unvaccinated or first two shots were more than 6 months from household exposure, stay home for first 5 days since household member symptoms began or the test date with no symptoms and return on days 6-10 with a mask required provided the student/employee remains <b>asymptomatic</b>.</li> <li>3. A parent may choose to keep their child home after a household exposure but this is not required if the child is asymptomatic. This will be considered an excused absence.</li> <li>4. If symptoms develop, stay home and follow protocol for return to school under #2.</li> </ol>
<p>#5 community or school close contact</p>	<p>No</p>	<ol style="list-style-type: none"> <li>1. If symptoms develop, stay home and follow protocol for return to</li> </ol>

		school under #2. 2. Masking <u>recommend</u> for 5 days following exposure
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